

**How do I take a makeup class?**

Two (2) make up classes per class session are available for MOST classes. Not every class we offer has an available make up class. Reserve a make up class by stopping at the Pro-Shop to receive the day and time of the make up class. Make up classes must be completed before the

**Should my child practice and when?**

end of the current class session.

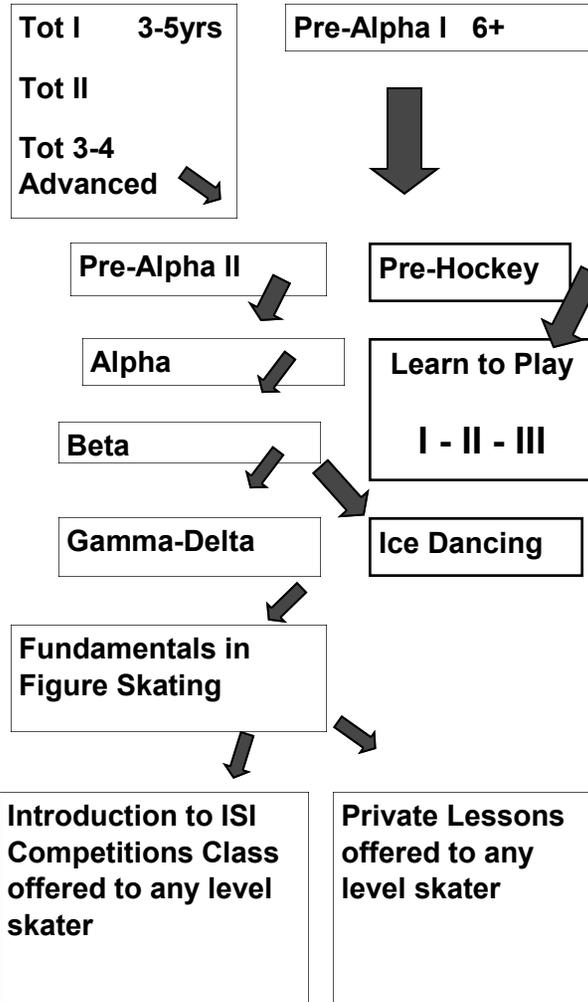
Practicing the skills learned in classes is essential to progress to the next level class. The more the skater practices, the faster they will progress. Each participant receives **Skates icons** on their name tag good for free admission to a Public Skate session. Public Skate sessions are scheduled Monday—Friday with a noon skate, Friday, Saturday and Sunday have Public skate

**How are skaters tested and evaluated for the next class?**

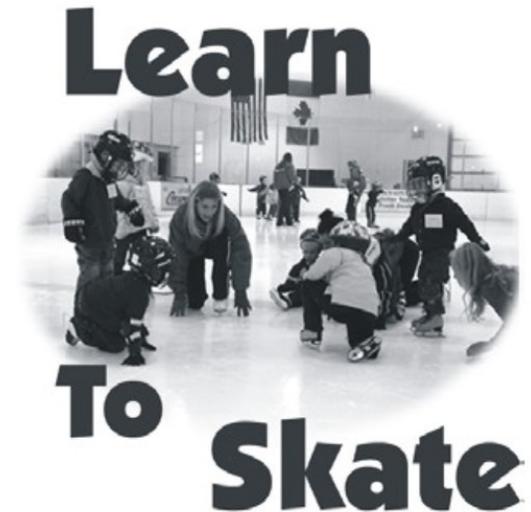
times that are subject to change so please check the web site for up-to-date schedule information.

Class testing is done on the 7th week of classes. Each skater is tested in a relaxed atmosphere on the curriculum listed on the back of their name tag. Skaters then receive a recommendation card, for registering, for the next session of classes. We test to the ISI (Ice Skating Institute) passing standards. When skaters have passed all of the requirements for that level; badges are awarded in class. Skaters are not automatically moved into the next level, they must learn the ap-

Your path to skating success starts here using the  
**ISI Curriculum**



FREQUENTLY  
ASKED  
QUESTIONS  
FOR



740.349.6784  
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## Frequently Asked Questions

### ***Where should my child begin?***

All new skaters to classes must register for either a Tot I (ages 3-5) or Pre-alpha (ages 6 and above). During weeks one and two skaters are evaluated and moved into the appropriate class. We do not hold skaters back when they are ready to move into a higher skill level class.

If your child is just learning to ice skate, it is safer for them to wear a figure skate.

### ***What type of skates should my child ?***

Most children find it easier to march and balance in figure skates. The blade is longer and flatter. Hockey skates have a shorter boot (less ankle stability) and a shorter blade which is rounded at the front and back. Children with balance problems often fall forwards or backwards due to the roundness in the blades.

### ***How old should my child be to participate in learn to skate classes?***

When they can stand unassisted in ice skates, usually three (3) years old. Skates must be the proper size, and children must be socially ready to participate in classes on their own.

Each skater receives a color coded name

### ***How do I find my teacher during classes?***

tag with their class name, day, and time located on the front of it. Instructors meet classes in the lobby.

***Correctly sized and laced skates will make learning to skate easier!***

## ***We make classes Fun !***

### ***What size skate should my child wear?***

Skaters should wear **ONE** pair of thin socks in their skates. Figure Skates ~ Children sizes at LGRIA run equal to shoe sizes. Adult Skates / Hockey skates run Larger than shoe sizes, most people wear a **SMALLER** skate size than street shoes.

### ***Need help lacing your skates? We will be happy to assist you.***

Loosen the laces all the way down the boot so the foot will slide into the boot. Your child's toes should come very close to the end of the boot, but allow a little room to wiggle toes. Pull the laces leaving no slack up to the bend of the ankle. Tie a half knot below the hooks, and continue crossing the laces around **ALL** of the hooks. Tie a bow at the top of the skate, leaving room to bend the ankle forward.

### ***What should my child wear to class?***

Warm comfortable clothing, that allows the participant to move; examples are workout suit, or leggings and jacket. Snow pants and blue jeans restrict movement. Gloves are important for all skaters to protect their hands from the cold. Please avoid wearing plastic elbow pads or kneepads, often used for rollerblading; the plastic will slide on the ice and becomes dangerous to the skater.

### ***How often should my skates be sharpened?***

Depending on the blade quality, weight of the skater, frequency of skating, usually every 10/15 hours of skating. Sharpening hockey and figure skate blades requires a specialized grinding stone and is available in our Pro-Shop.

### ***Should my child wear a helmet?***

We strongly recommend that all tots and beginner skaters wear helmets. Properly fitted bicycle helmets work well. Those skaters desiring to play hockey will be required to wear a USA Hockey Certified helmet for classes and league play. If choosing a Bicycle helmet, look for a rounded helmet; those that are pointed in the back can injure the skater's neck when falling.

### ***What curriculum is being taught in classes?***

Our skating school curriculum is based on the ISI (Ice Skating Institute) WeSkate Recreational Ice skating ~ test structure. This is the original Learn to Skate program which is used nationally and internationally. The stair step progression of skills required for each level is listed on the back of your skater's nametag, this provides attainable goals while providing necessary skill mastery.

### ***Are there special events that my child can participate in?***

Yes, all participants in classes at the Lou & Gib Reese Ice Arena are encouraged to participate in our annual ISI Recreational Skating Competition in March; our annual Holiday Exhibition in December, and Spring show in April; participation / costume fees may apply.