



SCORES FOR SCHOOLS

PROGRAM OVERVIEW

The Scores for Schools program was instituted in 2008 by the Newark Ice Hockey Association (NIHA) and the Lou & Gib Reese Ice Arena (LGRIA). The program is designed to provide students within Newark and surrounding communities the opportunity to have an educational and fun experience in a safe and healthy environment. The program is funded through grants and community donations and there is **NO** cost to the student and/or school district. It is our goal to expand the students views of recreational activities and provide an outlet for a healthier living.

SKATING SESSION (ON-ICE INSTRUCTION)

- Basic Skills
 - Balance On The Ice
 - Walk Across The Ice
 - Gliding On One Skate
 - Stopping (SNOWPLOW)
 - Proper Stance
 - Gliding On Two Skates
 - Inside Edge Push
 - Glide Turns
- Advanced Skills
 - Swizzle Across The Ice
 - T-Push
 - C-Cut For Standing Backward
 - Moving Sideways
 - Backwards Stance
 - Skating & Squat

SCIENCE LESSON

The Scores for Schools program has implemented a fun and very interesting science lesson into their program. The 30 minute educational lecture will provide the students with interesting facts about the arena, the ice surface, and the equipment used to maintain the ice. Students will receive a tour of the facility which will outline the primary tools utilized in the ice arena industry.

If time allows we will also give a short lesson on healthy eating and exercise habits.

FOR MORE INFORMATION ABOUT THE SCHOOLS FOR SCHOOLS PROGRAM

PLEASE CONTACT

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